

# **Learn how to discover the tension in your horse's body Workshop with Larry Bensusan**

This is a horse and rider workshop where you will learn how to diagnose and treat tension-holding muscles that will restrict movement and can lead to lameness.

## **Why this Seminar?**

Horses are prey animals and as such will hide their injury in case a predator sees that they are vulnerable to be attacked. Although in the wild this ability of hiding injury is beneficial, in our world, where there are no predators, it is not! Attending this workshop you will learn how to see and feel if a horse has a problem and then rectify it before it becomes an injury. Learning these skills will help to improve your horse's athletic performance and correct behavioural problems that can relate to physical discomfort. Larry Bensusan has given over 11,000 horse treatments and his skill and knowledge will be past on to you during this 1 day workshop.

## **Who Must Attend this Seminar?**

Those with a horse who want to learn techniques that will be beneficial to their horse's well being. This is a hands on workshop that gives you a chance to learn 'with' your horse and for those who want to improve their horse's gait.

## **You will learn**

- You will learn diagnostic techniques for finding muscles that may be hyper-tense.
- How to correct tension in the muscle using shiatsu and muscle release techniques.
- How to execute safe stretching techniques
- Learn some basic iridology (a study of the eyes) such as how to discover if your horse has worms
- Learn where the problems are in your own horse and treat them

**This is a 1 day workshop that will give you the tools to treat your own horse safely and with confidence.**

**Horse owners will have individual tuition given in a practical and a fun way.**

<http://www.larry-bensusan.co.uk>

# Workshop with Larry Bensusan

Learn how to discover the tension in your horse's body

## Booking Form

Name: .....

Address: .....

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..... Post Code: .....

Tel: (Home) ..... Mobile: .....

Email: .....

### To Pay by Cheque:

I enclose a cheque for: £.....

Workshop at: .....

### To pay by PayPal:

Send a payment to [events@larry-bensusan.co.uk](mailto:events@larry-bensusan.co.uk) and email over the details required on this form.

### To pay by Cheque: (made payable to Larry Bensusan)

**Fees: £75.00**

Send too:

Larry Bensusan,  
16 Link Road,  
Capel St Mary  
Suffolk IP9 2HH

### Directions:

Venue directions will be sent out with agenda for the day and confirmation of booking.

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